

Recovery without Borders

If there is one silver lining for us in the pandemic, it is the proliferation of OA meetings on Zoom. There was an urgent need to continue the vital connection we have with one another through our meetings.

After we secured important access to our local meetings, members started to explore meetings across the country and the world. The chat function on Zoom often touted good meetings in other states and countries. Some of us went to OA.org to find a meeting somewhere in the world for anytime of night or day. Word of mouth spread further information about other great meetings.

One good technique is to go to any city and put OA in front of it (sometimes IG after) and .org behind it. Thus I could go to oalaig.org and find great meetings in LA, California or <http://oasf.org> for meetings in San Francisco, etc.

Here are some personal favorite meetings from members:

- Sundays at 10am, Big Book in New Jersey ID: 986 618 6769 Password: bigbook164
In L.A. Dawn Patrol, M-W-F 10:30am (our time)
- 100 lb Virginia Fridays 8pm ID: 635 187 2048 Password: 457892
- Every Night, Chicago at 9pm (our time) ID: 976 429 200/ Password: better
- Melbourne Australia Thursdays 4:30 pm (our time) and daily meetings at 2:30pm (same ID)
ID: 200 540 264 (No password)
- OA Lunchbreak ,Mon-Fri, 12:30pm to 1:30pm ID: 646 596 036 Password: 55041

There are hundreds more, of course as well as our own local, wonderful meetings. So enjoy your recovery without any limitations or borders!