



**OVEREATERS  
ANONYMOUS®**  
Miami-Dade and the Keys Intergroup



~ *Sponsored by MDKIG* ~

# OA's 11th Step Workshop

## *"Mindful Meditation"*

**A Virtual Workshop Every Friday Morning for 6 Weeks ...**

MDKIG is offering an 11th step practice for everyone. With compassion, we will sit with what is in tribute to acceptance, courage and wisdom.



**Dates:** July 24th - August 28th

**Time:** 10:30 A.M. - 11:30 A.M.

**Contact:** Janey B. / janejaneyom@gmail.com / (847) 721-6623

**Join Zoom Meeting:** <https://us02web.zoom.us/j/85322694237?pwd=b0llaWR3dnM3WG4rTWIwChJlU0Zwdz09>

**Meeting ID:** 853 2269 4237

**Password:** 305305

**Dial-in:** +1 929 205 6099 US ET

A donation can be made through our venmo account - treasurer@oamiami.org

*Come and experience the power of group meditation!*